

The Ossau Valley

LEV
1 CIRCUIT N° 3 - Heritage

Le piémont ossalois



Lys is a small village in the heart of the Ossau foothills. Its name comes from the Gascon word for “flat land”.

This family-friendly walk is ideal for a sunny half-day trip, taking you from the village to the hills above. It offers a breathtaking view of the surrounding foothills and the lower mountains of the Ossau Valley.

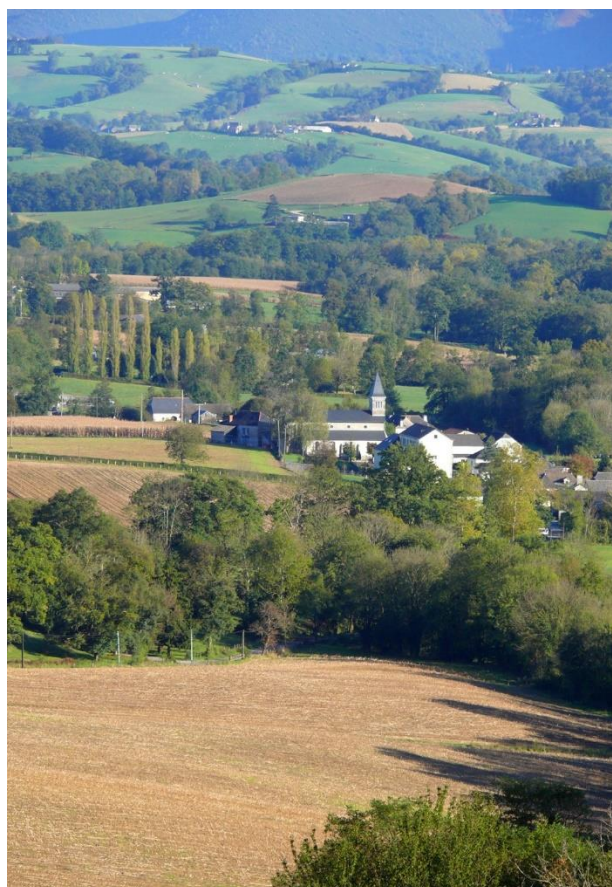
D From the village hall (*salle des fêtes*), walk up towards the centre of the village. Turn right then left between the town hall and the church. Go up a small road. At the end of this road, continue along a track. Walk past a house.

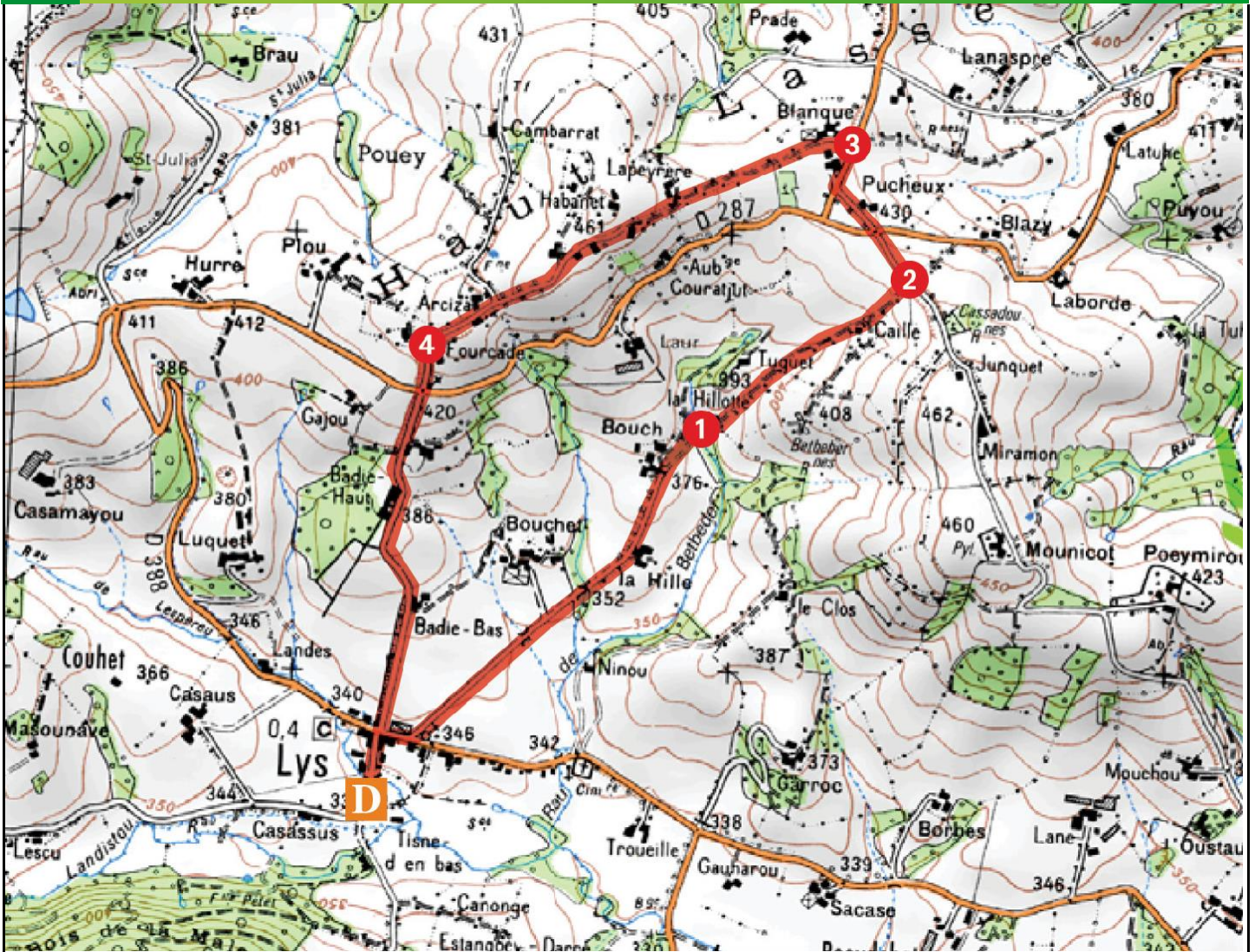
0h30 **1** 716001 E - 4779444 N Turn right through a gate and walk up the banks of the stream. Walk past another house and keep going up.

0h45 **2** 716456 E - 4779818 N When you get to another house, turn left. Cross the D287 and take the Chemin (road) d'Ossau opposite. At the end of the road, turn right onto another road, go past a farm and turn left at another farm.

0h55 **3** 716299 E - 4780111 N Follow a path through the grass and then take a small sunken track bordered by low walls and hedges. At the end of this track, go past a house and continue on a small road.

1h15 **4** 715361 E - 4779584 N Walk down to the left. Cross the D287 and continue downhill towards the village.





D Lys village hall
(salle des fêtes)

GPS WGS 84 UTM 30T
715307 E - 4778539 N

1h30

4,4km

120m

Don't miss:

- The view of the Ossau Valley foothills, the beautiful farms and their sculpted lintels.

Note:

Wear rubber boots during rainy weather.

Yellow markers

The architecture of the Piedmont

The houses in the Piedmont are large, sturdy farmhouses that housed several generations of the same family. Their double-pitched roofs are slate over an oak frame. A large rectangular fireplace completes the ensemble. The plastered walls conceal stone extracted from small local quarries. The door and window frames are made of marble. The lintels, decorated with religious or other motifs, were designed to protect the house and its inhabitants. Adjacent, and sometimes connected by a gallery, is a barn, stable and sheepfold built using exposed stone with a carriage entrance.

Information :

Laruns/Artouste Tourist Information Office : +33 (0)5 59 05 31 41
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Choose your hike

For each route, you will find technical and practical information to help you choose your hike

Levels of difficulty

The hikes are classified by order of difficulty defined by a colour code following the recommendations of the French Hiking Federation:

- NIV 1** Very easy, less than 2 hours walking. Ideal for families, on well-marked tracks.
- NIV 2** Easy, less than 3 hours walking. Suitable for families, on tracks with sometimes more difficult passages.
- NIV 3** Difficult, less than 4 hours walking. For hikers used to walking, with some quite intense sections or steep slopes.
- NIV 4** Very difficult, more than 4 hours of walking. For experienced and fit hikers. The itinerary can be long and technical (strong elevation gain, tricky passages).

GPS 30T 710703O - 4776694N

GPS coordinates

D Start



Walking time, given in hours. This estimated time takes into account the length of the hike, the elevation gain and the possible difficulties.



Elevation gain, expressed in metres. For each circuit, the value corresponds to the cumulative elevation gain.



Distance, the value expressed in kilometres corresponds to the total length of the route.

Markers

Direction	Local routes and PR®	GRP®	GR®
Right way			
Turn left			
Turn right			
Wrong way			



GR®, GRP® and PR® are registered trademarks of the French Hiking Federation. Some routes have been selected by the French Hiking Federation according to quality criteria. They are PR® certified.

Recommendations

Before you leave

Check your equipment, the difficulty of the circuit and the weather conditions
If you are going alone, communicate your itinerary to friends and family
See the map of controlled fires

In the mountains / pastoral areas

Follow the marked paths and close gates after passing through
Respect nature and bring waste back
If accompanied by a dog, make sure that it is allowed on the chosen route and keep it on a lead
During the hunting season, avoid hunting areas or turn back
Go around herds and do not approach farm dogs (do not feed them or pet them)

National Park

The heart of the National Park is a natural territory and is open to all, but is subject to a code of conduct. Dogs are not allowed, even on a lead. No fires, no mountain bikes, no wild camping, only bivouacs are allowed - a small tent can be set up for the night from 7 pm and taken down in the morning before 9 am. It must be set up more than an hour's walk from any motorised access.

European emergency call : 112