

The Ossau Valley

LEV
4

57 - GR®10

De Gabas à Gourette



This mountainous route, the only stage of the GR®10 entirely in the Ossau Valley, allows you to discover some of the jewels of the region, such as the Soussouéou Valley, and a magnificent panoramic view of the Pic du Midi d'Ossau, but also areas of former economic activity such as the iron mines and the current ski resorts of Artouste and Gourette.

D From the car park, go up the D934 for 15 minutes and then turn left, before the power station.

0h30 ① 711117 E - 4751521 N Take the Pont d'Athas bridge. Continue along the track which then becomes a forest road until you reach an intersection.

1h30 ② 710444 E - 4753597 N From here, two routes are possible, either the right-hand path with some dizzying but safe passages (cable handrail), or continue on the main track and take the Pont de Goua bridge. The two routes meet after 30 minutes. After a steep climb, you reach the Tume cliff.

2h30 ③ 711927 E - 4754200 N After a last bend in the track, it continues on the flat. Leave the Cabanes de Cézy on the left and keep a good distance from them (500 m) to continue on the track overlooking the Soussouéou plain. You then leave this valley to resume the climb. After 45 minutes, cross a small stream

5h00 ④ 716164 E - 4754859 N and continue to climb the left bank. You soon reach a flat area and a small pond and then climb to the Hourquette d'Arre.

6h30 ⑤ 717893 E - 4755429 N Switch over towards Gourette, leaving a stone hut on the right. From here, yellow and blue markers are superimposed on the GR®10, continue straight down towards the Lac d'Anglas. Leave the ruins of the old iron mine on the right and the Anglas lake on the left.

7h00 ⑥ 718466 E - 4756593 N At the end of the lake, go down towards Gourette, then pass to the left of the Cabane (hut) de Coste de Goua until you get to an intersection.

8h00 ⑦ 718455 E - 4758035 N Turn right.

8h30 Arrival in Gourette.






D Gabas (exit of the village, parking before the road to Bious-Artigues)

GPS WGS 84 UTM 30T
710273 N - 4751480 E

 8h30

 21,7 km

 1600 m

 **White and red markers**

 **Don't miss:**

- The Soussouéou valley.
- The panorama over the Ossau valley including the Pic du Midi d'Ossau.
- The old iron mines.



Note:

- In bad weather, some sections can be dangerous.
- This long route with a significant elevation gain (highest point of the route 2465 m) is reserved for experienced hikers.
- Possible alternative via the Col de Lurdé and Col du Gourzy in the event of heavy snowfall at Hourquette d'Arre.

Information :

Laruns/Artouste Tourist Information Office : +33 (0)5 59 05 31 41
Eaux-Bonnes/Gourette Tourist Information Office : +33 (0)5 59 05 33 08
Arudy Tourist Information Office : +33 (0)5 59 05 77 11

Vallée
d'**OSSAU**
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Choose your hike

For each route, you will find technical and practical information to help you choose your hike

Markers

Direction	Local routes and PR®	GRP®	GR®
Right way			
Turn left			
Turn right			
Wrong way			



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Levels of difficulty

The hikes are classified by order of difficulty defined by a colour code following the recommendations of the French Hiking Federation:

- Very easy, less than 2 hours walking. Ideal for families, on well-marked tracks
- Easy, less than 3 hours walking. Suitable for families, on tracks with sometimes more difficult passages.
- Difficult, less than 4 hours walking. For hikers used to walking, with some quite intense sections or steep slopes.
- Very difficult, more than 4 hours of walking. For experienced and fit hikers. The itinerary can be long and technical (strong elevation gain, tricky passages).

GPS coordinates

30T 710703O - 4776694N

Start



Walking time, given in hours. This estimated time takes into account the length of the hike, the elevation gain and the possible difficulties.



Elevation gain, expressed in metres. For each circuit, the value corresponds to the cumulative elevation gain.



Distance, the value expressed in kilometres corresponds to the total length of the route.

Recommendations

Before you leave

Check your equipment, the difficulty of the circuit and the weather conditions
If you are going alone, communicate your itinerary to friends and family
See the map of controlled fires

In the mountains / pastoral areas

Follow the marked paths and close gates after passing through
Respect nature and bring waste back
If accompanied by a dog, make sure that it is allowed on the chosen route and keep it on a lead
During the hunting season, avoid hunting areas or turn back
Go around herds and do not approach farm dogs (do not feed them or pet them)

National Park

The heart of the National Park is a natural territory and is open to all, but is subject to a code of conduct. Dogs are not allowed, even on a lead. No fires, no mountain bikes, no wild camping, only bivouacs are allowed - a small tent can be set up for the night from 7 pm and taken down in the morning before 9 am. It must be set up more than an hour's walk from any motorised access.

European emergency call : 112