

The Ossau Valley

LEV
4

63/64 - HRP

La Haute Route Pyrénéenne



The HRP, or more precisely the “Haute Route Pyrénéenne”, is a long-distance hiking route which, in 45 high mountain stages, crosses the Pyrenees, linking the Atlantic to the Mediterranean. The crossing of the high valley of Ossau requires two stages, from the Col des Moines to the Refuge de Pombie and the Refuge de Pombie to the Refuge d’Arrémoulit.

Col des Moines - Refuge de Pombie



4h

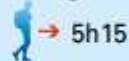


8,8 km



745 m

Refuge de Pombie - Refuge d’Arrémoulit



5h15



12,3 km



1248 m

★ Don't miss:

- The view of the Pic du Midi d'Ossau and Pic Palas.
- The isards, marmots and vultures.
- Lakes Casterau, Peyreget and Pombie.
- The lakes around Arremoulit.

⚠ Note:

- **Unmarked routes**
- Pyrenees National Park special regulations.
- Snow at the beginning of the season at the Col de Peyreget, Col d'Arrius and when arriving at Arrémoulit.



- D** 710295 E - 4745763 N Go down the wide valley in front of the refuge, following the path that starts opposite. In a few zig-zags, you come to a flat area surrounded by scree from Ossau.
- 0h20** **1** 711060 E - 4745647 N Follow the track between the scree and the stream. Walk past the Cabane (hut) de Puchéou.
- 0h30** **2** 711904 E - 4745808 N 50 m After the hut, turn left. Go down a few metres, go over two bridges, then head right. After a patch of scree, head straight down the hill.
- 1h00** **3** 712412 E - 4746324 N Cross a bridge over the Gave de Pombie and carry on down through the forest to the lowest point of the valley.
- 1h30** **4** 713592 E - 4746087 N Cross a bridge over the Brousset. Head and climb back up to the road.
- 1h50** **5** 713796 E - 4745863 N At the Caillou de Soques carpark, walk 100 m along the road to the left. Turn right up the winding path above the small car park. As you leave the forest, cross a bridge over the Gave d'Arrius.

- 2h05** **6** 714488 E - 4746278 N On the right, zig-zag up, then cut across. Go past the hut.
- 3h05** **7** 715924 E - 4746786 N At the Quèbe d'Arrius, a large shelter under a rock, go back up to the rockfall on the left and cross.
- 3h25** **8** 716483 E - 4746970 N Continue along the bottom of the valley along the stream. Go over two rises.
- 3h55** **9** 717184 E - 4747465 N At the Col d'Arrius, go down towards Lake Artouste. Walk past a steep valley and carry on to a large, flat grassy area. Cross this to the right until you get to a junction.
- 4h35** **10** 717712 E - 4747793 N On the right, zig-zag up to a snow gauge at the top of the hillside. Walk around the righthand side of a small lake. left under the wall of the dam, to the refuge.
- 5h15** **11** 718252 E - 4747179 N Refuge d'Arrémoulit. (shelter - guardian present 1/06 to 30/09).

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