

# Vallée du Soussouéou

LEVEL 3  
CIRCUIT N°3



↔ 18,8 Km

↗ 1700 m

↘ 1022m



A journey through one of the most secluded valleys in Bearn. The starting point is on the edge of the Lac de Fabrèges, the track then leads you to the Col de Lurien in a splendid climb (+1200m elevation gain). The route then reaches the Lac station of the Artouste Train before descending along the secluded valley of the Soussouéou. Follow the cairns and the grassy path. There are very few markers along the track. Once you arrive on the plateau of the same name, you will go up along the ski slopes before reaching the Col de la Sagette and then the top of the Artouste resort.

