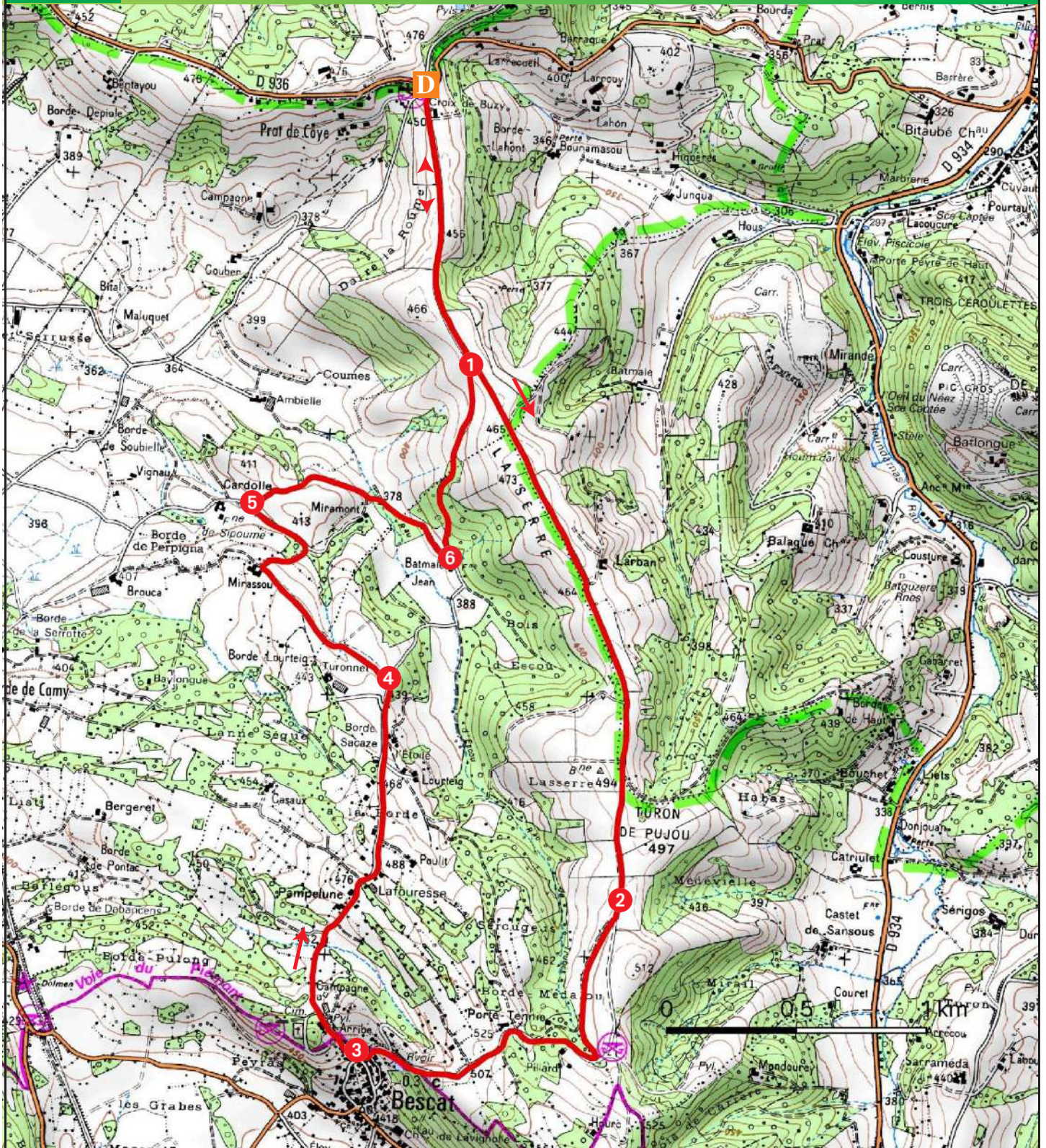


LEV  
1

CIRCUIT No. 1

# Croix de Buzy/Bescat

From Map 1:25 000 French National Geographic



Programme produced by:

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Discover the full range of outdoor sports on offer on the mobile application **Vallée d'Ossau Pyrénées**

A great track for a warm-up; hilly, without difficulty, with a magnificent panoramic view over the entrance to the Ossau Valley.



**D** 709268 E - 4781757 N From the Croix de Buzy car park, a wide stony track leads up the ridge between the pastures, southwards towards the entrance to the Ossau Valley.

**1** 709495 E - 4780780 N At the first intersection, stay in the left-hand lane and follow the main track straight ahead.

**2** 710221 E - 4778660 N 500 m before the picnic area, leave the stony road and turn right onto a track through the woods. Turn right onto a road leading to the village of Bescat.

**3** 709268 E - 4778041 N In the village, at the intersection, turn right onto Chemin Herrelore. Pass the church and stay on the main tar-sealed road for 1.6 km as it leads north.

**4** 709292 E - 4779475 N Leave the road and turn left onto a gravel path. After the Mirassou farm, follow the hairpin for 500 m.

**5** 708707 E - 4780126 N Go right up a track that runs east across the fields. Cross a ford to find the Chemin Herrelore.

**6** 709496 E - 4779991 N A final climb to reach junction point 1 and enjoy the beautiful views over the plain to the starting point.

**D** Croix de Buzy

WGS 84 UTM 30T  
709268 E - 4781757 N



1 hour



10.5 km



220 m

**★ Don't miss:**

- Views of the Buzy Valley in Ogeu on the west side and the Rébénacq quarries on the east side.

**⚠ Note:**

- Quite fast rolling descents, beware of visibility.



# Choosing your mountain bike circuit

For each route, you will find technical and practical information to help you choose your hike:

## Levels of difficulty.

The various loops are classified by level of difficulty and identified by a colour code following the recommendations of the French Cycling Federation:

**LEV 1** Very easy, wide and smooth path. Suitable for all levels, and for touring bikes.

**LEV 2** Easy, fairly smooth path. Suitable for occasional mountain bike riders.

**LEV 3** Difficult, technical route. Experienced mountain bike riders, requiring technical skills.

**LEV 4** Very difficult, very technical trail. High technical and physical level.

## GPS coordinates.



30T 7107030 - 4776694N

You will find GPS coordinates for each reference point on the route. The geodetic system used is WGS84, compatible with GPS; the projection is in UTM zone 30T for the Southwest of France. The values of the point in longitude and latitude are given in metres followed by O for West (*ouest*) or E for East and N for North. Download the GPS tracks of the routes on: [www.valleedossau.com](http://www.valleedossau.com).



Duration, given in hours. The estimated duration takes into account the length of the route, the elevation gain and any difficulties, without stops.



Elevation gain, expressed in metres. For each route, the elevation gain corresponds to the cumulative distance climbed.



Distance, the value expressed in kilometres corresponds to the total length of the route.

## The markings

Straight ahead



Turn right



Turn left



Wrong way



Caution, danger



## Recommendations

**Weather** 08 99 71 02 64

**Emergency number in Europe** 112

Riding the tracks of the Bearn and Basque Country requires vigilance and respect towards nature and the people who make this place what it is. Here are some tips for your mountain biking experience.

### Keep yourself safe

Use the marked paths for your safety and respect the direction of the routes.

- Don't overestimate your abilities and stay in control of your speed in all circumstances.
- For your safety, remember to wear a helmet.
- Bring food, drink and suitable clothing.
- If you are going alone, let someone know where you are going.

### Take care of nature

- Do not disturb wild animals.
- Avoid picking flowers, fruit and vegetables and mushrooms in the wild.
- During the hunting season, watch out for hunting on the ground and pigeon hides.
- Keep your rubbish with you, be discreet and respect the environment.

### Respect activities and people

- In farming areas, keep your distance from herds of animals and dogs.
- Be careful and courteous when overtaking or crossing hikers.
- Mountain bikers will respect road rules, and know that pedestrians have the right of way.
- Respect private property and cultivated fields, close fences behind you.
- Beware of agricultural and forestry machinery, do not get in the way.
- To make the most of your excursions, we recommend contacting the professionals.

## Your feedback on our trails

The routes we offer have been carefully planned. Your feedback on the condition of our tracks is of interest to us and helps us to keep them in good condition.

We invite you to send your comments via Suricate (<http://sentinelles>).