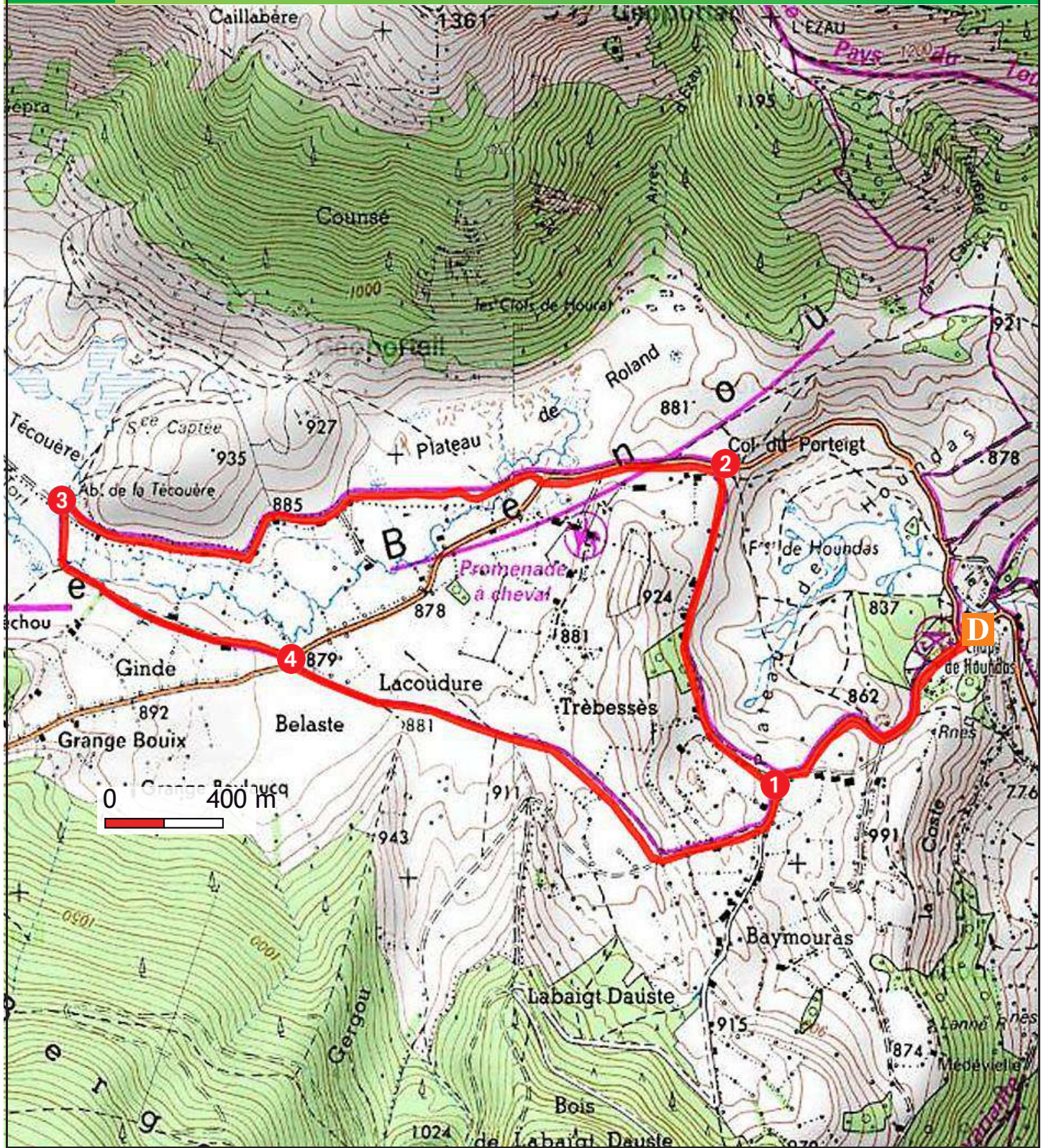


LEV
1

CIRCUIT No. 2

Le Turon de Técoùère

From Map 1:25 000 French National Geographic



Programme produced by:
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Discover the full range of outdoor sports on offer on the mobile application **Vallée d'Ossau Pyrénées**

An easy route that will introduce you to the entire Benou plateau, from the well-known main roads to the less frequented back roads.



707010 E - 4770765 N Leave the D294 at the Chapelle de Houndas for the car park along a small tar-sealed road. Follow the road for 600 metres.


① 706537 E - 4770335 N After the car park, turn right onto the dirt track that runs alongside the barns and overlooks the Houndas plateau.

② 706365 E - 4771183 N Turn left onto the Route du Col de Marie Blanque and then, at the intersection, turn right onto the wide, stony track leading to the bottom of the plateau.

③ 704764 E - 4771024 N Shortly before the water trough that marks the entrance to the pasture, turn left onto the grass to cross a concrete bridge over the Arriou Tort stream. Then walk along the left bank of the stream to join the track.

④ 705330 E - 4770708 N Cross the Route du Col to take a track between the meadows. Turn left at the next two intersections to get back onto the road you started on and head back down to the chapel.

D Chapelle (*chapel*) de Houndas

 WGS 84 UTM 30T
707010.65 E - 4770765.09 N




45 mins




6.1 km



110 m

 **Don't miss:**
The barns on the Benou plateau

 **Note:**
The route crosses through pasture areas with many herds of animals present



Choosing your mountain bike circuit

For each route, you will find technical and practical information to help you choose your hike:

Levels of difficulty

The various loops are classified by level of difficulty and identified by a colour code following the recommendations of the French Cycling Federation:


LEV 1 Very easy, wide and smooth path. Suitable for all levels, and for touring bikes.

LEV 2 Easy, fairly smooth path. Suitable for occasional mountain bike riders.

LEV 3 Difficult, technical route. Experienced mountain bike riders, requiring technical skills.

LEV 4 Very difficult, very technical trail. High technical and physical level.

GPS coordinates

 30T 7107030 - 4776694N

You will find GPS coordinates for each reference point on the route. The geodetic system used is WGS84, compatible with GPS; the projection is in UTM zone 30T for the Southwest of France. The values of the point in longitude and latitude are given in metres followed by O for West (*ouest*) or E for East and N for North. Download the GPS tracks of the routes on: www.valleedossau-tourisme.com.



Duration, given in hours. The estimated duration takes into account the length of the route, the elevation gain and any difficulties, without stops.



Elevation gain, expressed in metres. For each route, the elevation gain corresponds to the cumulative distance climbed.



Distance, the value expressed in kilometres corresponds to the total length of the route.

The markings

Straight ahead



Turn right



Turn left



Wrong way



Caution, danger



Crossing



Recommendations

Weather 08 99 71 02 64

Emergency number in Europe 112

Riding the tracks of the Bearn and Basque Country requires vigilance and respect towards nature and the people who make this place what it is. Here are some tips for your mountain biking experience.

Keep yourself safe

Use the marked paths for your safety and respect the direction of the routes.

- Don't overestimate your abilities and stay in control of your speed in all circumstances.
- For your safety, remember to wear a helmet.
- Bring food, drink and suitable clothing.
- If you are going alone, let someone know where you are going.

Take care of nature

- Do not disturb wild animals.
- Avoid picking flowers, fruit and vegetables and mushrooms in the wild.
- During the hunting season, watch out for hunting on the ground and pigeon hides.
- Keep your rubbish with you, be discreet and respect the environment.

Respect activities and people

- In farming areas, keep your distance from herds of animals and dogs.
- Be careful and courteous when overtaking or crossing hikers.
- Mountain bikers will respect road rules, and know that pedestrians have the right of way.
- Respect private property and cultivated fields, close fences behind you.
- Beware of agricultural and forestry machinery, do not get in the way.
- To make the most of your excursions, we recommend contacting the professionals.

Your feedback on our trails

The routes we offer have been carefully planned. Your feedback on the condition of our tracks is of interest to us and helps us to keep them in good condition.

We invite you to send your comments via Suricate (<http://sentinelles>).