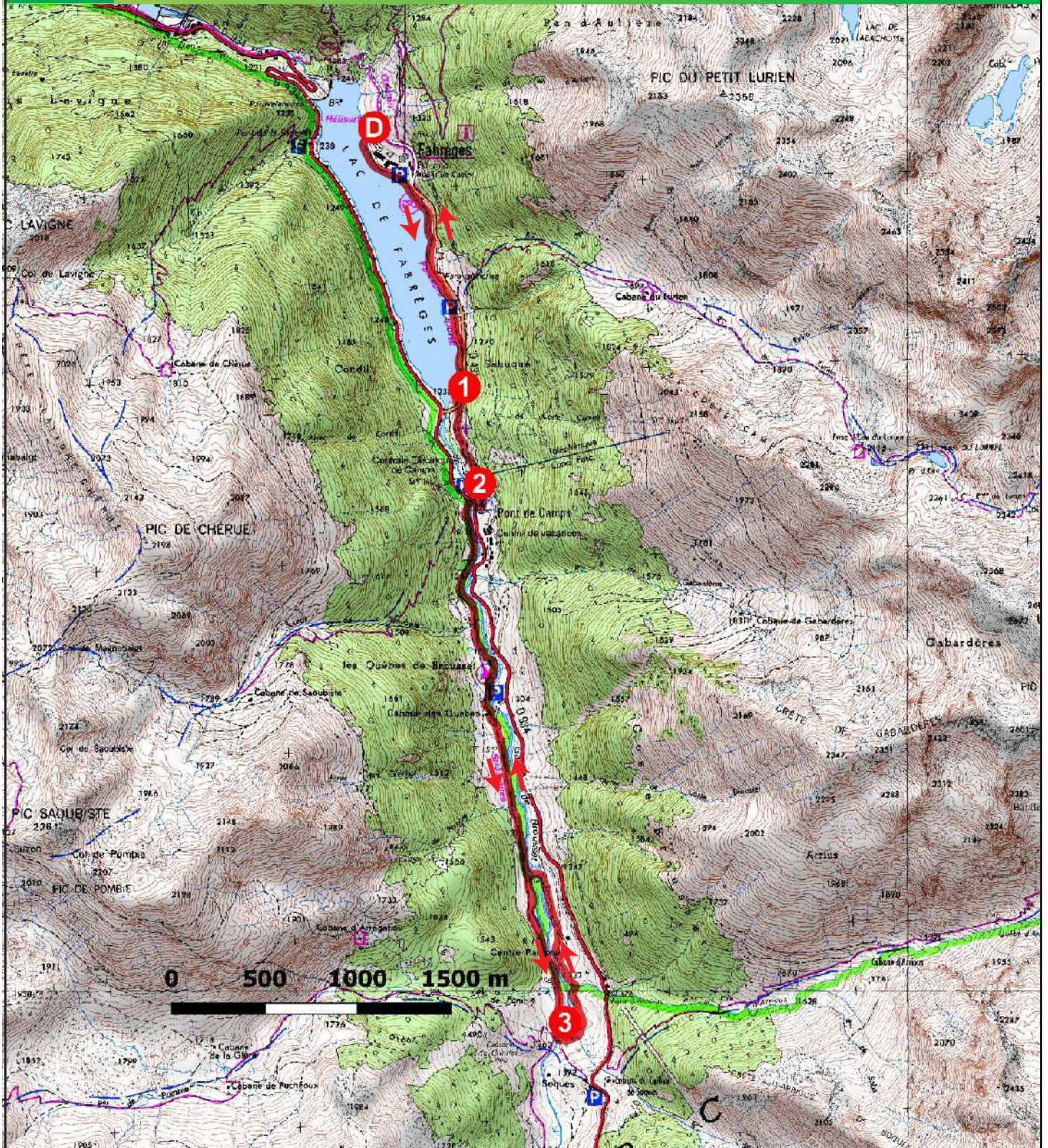


LEV
1

CIRCUIT No. 18

Boucle du Brousset

From Map 1:25 000 French National Geographic



Programme produced by:
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Discover the full range of outdoor sports on offer on the mobile application **Vallée d'Ossau Pyrénées**

Mountain bike circuit

This route is partly in the National Park, and is ideal for beginners and the very young! It travels from the edge of the Lac de Fabrèges to the Caillou de Soques along the Gave du Brousset, and it's almost all flat!

D

2.88056 N -0.39917 W At the north end of the Fabrèges car park, just before the barrier closing access to the road, go down the path alongside the lake and follow the bank upstream along the fitness trail.

1 2.86807 N -0.393069 W At the road, turn left and then immediately right onto the gravel track leading to Pont de Camps, passing under the imposing penstock of the hydroelectric power station.

2 42.86343 N -0.39206 W Take care at the intersection with Route du Pourtalet. Cross the bridge and immediately turn left onto the track on the left bank of the Gave du Brousset. This is a gateway to the National Park. A small shaded section leads to a winding route through chaotic surroundings of imposing boulders, then to the pastoral area which extends to the bridge at the foot of the Caillou de Soques.

3 42.83751 N -0.38646 W The bridge over the Gave du Brousset takes you onto the track on the right bank, in the slightly larger pastoral area. At 1000 m, you reach the car park and cross the footbridge to return to the route taken earlier. Again, take care when crossing the road.

Please note that mountain biking is only allowed on the described route and is otherwise forbidden within the National Park.

D

Lake of Fabrèges car park



WGS 84 UTM 30T

42.88056 N -0.39917 W



1 hr



11.2 km



160 m



Don't miss:

- The many facets of the stream, the landscapes featuring forests, farmland, hydroelectricity and a National Park. All the best of the Ossau country in one!

Note:

- Take care when crossing the Route du Pourtalet near Pont de Camps.
- No markers on this loop (National Park).

Boucle du Brousset

Ossau Valley



D 1240 m

1350 m

1

2

3

Choosing your mountain bike circuit


For each route, you will find technical and practical information to help you choose your hike:

Levels of difficulty.

The various loops are classified by level of difficulty and identified by a colour code following the recommendations of the French Cycling Federation:

- LEV 1** Very easy, wide and smooth path. Suitable for all levels, and for touring bikes.
- LEV 2** Easy, fairly smooth path. Suitable for occasional mountain bike riders.
- LEV 3** Difficult, technical route. Experienced mountain bike riders, requiring technical skills.
- LEV 4** Very difficult, very technical trail. High technical and physical level.

GPS coordinates.

 30T 7107030 - 4776694N

You will find GPS coordinates for each reference point on the route. The geodetic system used is WGS84, compatible with GPS; the projection is in UTM zone 30T for the Southwest of France. The values of the point in longitude and latitude are given in metres followed by O for West (*ouest*) or E for East and N for North. Download the GPS tracks of the routes on: www.valleedossau-tourisme.com.



Duration, given in hours. The estimated duration takes into account the length of the route, the elevation gain and any difficulties, without stops.



Elevation gain, expressed in metres. For each route, the elevation gain corresponds to the cumulative distance climbed.



Distance, the value expressed in kilometres corresponds to the total length of the route.

The markings

Straight ahead



Turn right



Turn left



Wrong way



Caution, danger



Crossing



LIAISON

Recommendations

Weather 08 99 71 02 64

Emergency number in Europe 112

Riding the tracks of the Bearn and Basque Country requires vigilance and respect towards nature and the people who make this place what it is. Here are some tips for your mountain biking experience.

Keep yourself safe

Use the marked paths for your safety and respect the direction of the routes.

- Don't overestimate your abilities and stay in control of your speed in all circumstances.
- For your safety, remember to wear a helmet.
- Bring food, drink and suitable clothing.
- If you are going alone, let someone know where you are going.

Take care of nature

- Do not disturb wild animals.
- Avoid picking flowers, fruit and vegetables and mushrooms in the wild.
- During the hunting season, watch out for hunting on the ground and pigeon hides.
- Keep your rubbish with you, be discreet and respect the environment.

Respect activities and people

- In farming areas, keep your distance from herds of animals and dogs.
- Be careful and courteous when overtaking or crossing hikers.
- Mountain bikers will respect road rules, and know that pedestrians have the right of way.
- Respect private property and cultivated fields, close fences behind you.
- Beware of agricultural and forestry machinery, do not get in the way.
- To make the most of your excursions, we recommend contacting the professionals.

Your feedback on our trails

The routes we offer have been carefully planned. Your feedback on the condition of our tracks is of interest to us and helps us to keep them in good condition.

We invite you to send your comments via Suricate (<http://sentinelles>).