



Alpine theme route



Course characteristics: Hiking

Distance: 5.5 km / Uphill climb: 280 m / Downhill climb: 390 m / Min. altitude: 1575 m

Max. altitude: 1905 m / Time (according to speed): 3h / Signposting: Look for the cow logos on the posts.

Route description:

At the start of the “Chalet Bissac” in Flaine Forêt, and throughout your walk, you'll find the logo of a cow drawn on skittles. At each viewing point (numbered 1 to 7) along the way, you'll find a description (more details are available in the “resources” section of the Espace Outdoor Flaine app). The trail will take you as far as the Aujon pastures. Enjoy!

Guidelines :

Remember:

- Check the weather forecast just before you set off.
- Tell someone close to you where you are going and when you should be back.
- Find out if the route is in good condition and its difficulty level.

Advice:

- Respect the environment; please take your rubbish with you.
- Follow the marked routes; do not take private trails.
- **Emergency numbers: 112.**

Sentier de l'Alpage

5.7 km

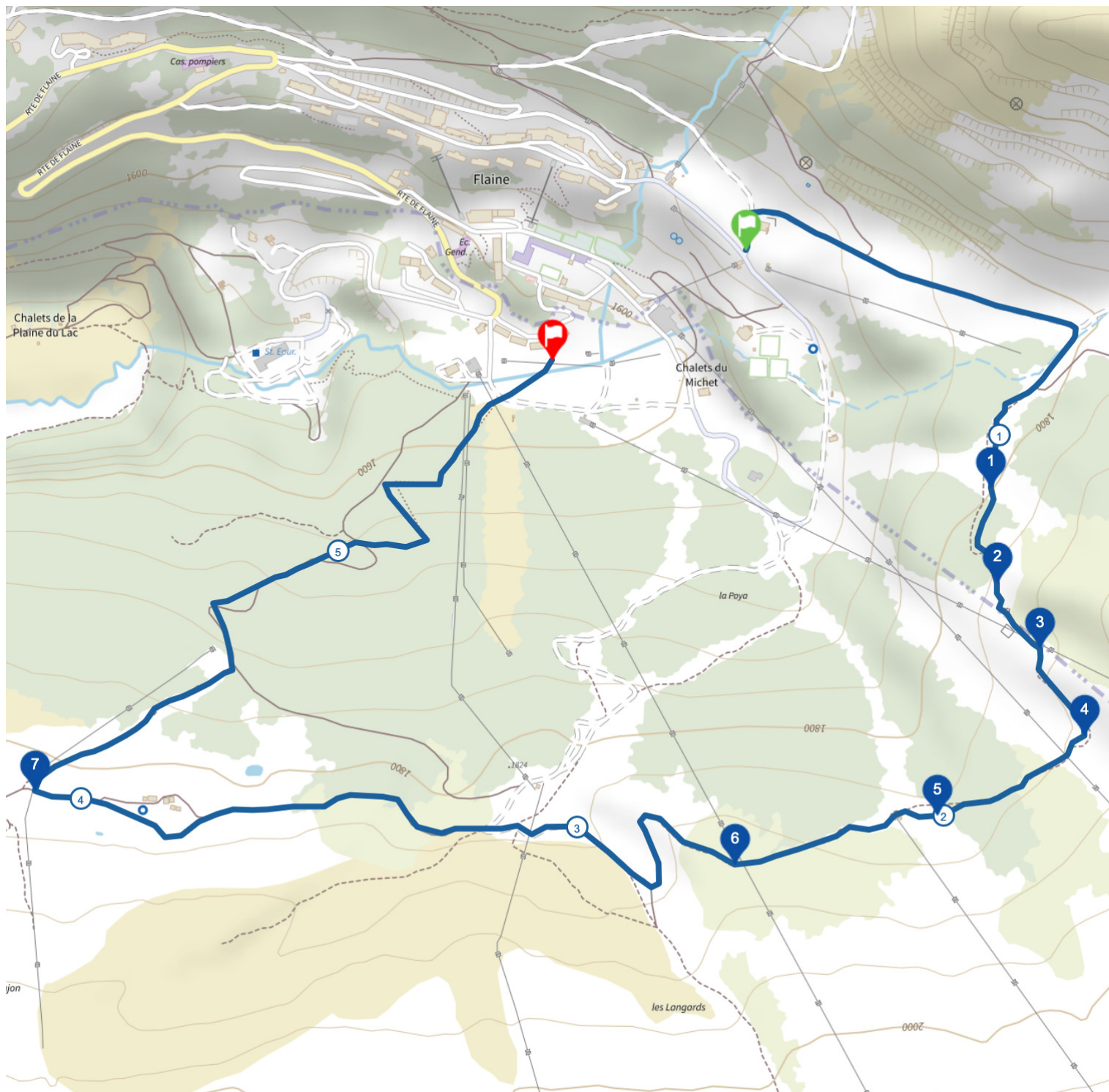


280 m



390 m

Rando



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< 10% > 10% > 20% > 30%

