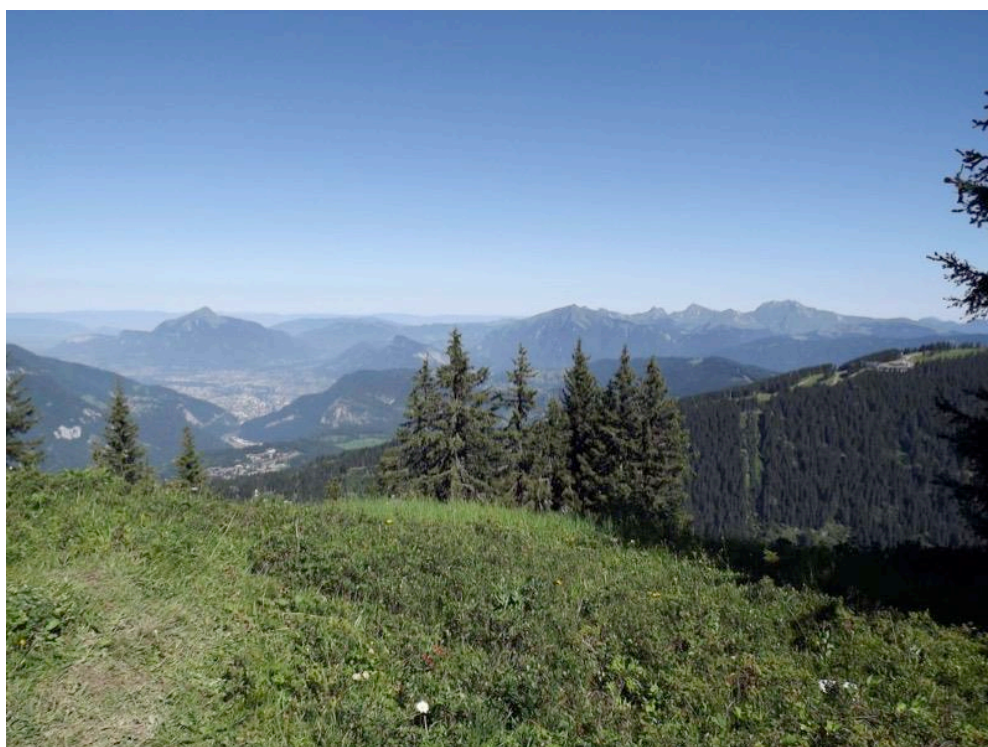




N° 10 Red route – The Arbaron Tour



Course characteristics: MTB

Distance: 10.7 km / Uphill climb: 480 m / Downhill climb: 480 m
 Min. altitude: 1599 m / Max. altitude: 1920 m / Signposting: yes.



Route description:

The route begins with a sustained 250 m climb between Flaine and the Col de Pierre Carrée, followed by a loop around the Pointe de l'Arbaron. Offering several panoramic viewpoints as you arrive.

Guidelines:

Remember:

- To ensure your safety, wear a helmet
- Respect priority for walkers and traffic regulations
- Check the weather forecast just before you set off.
- Tell someone close to you where you are going and when you should be back.
- Find out if the route is in good condition and its difficulty level.

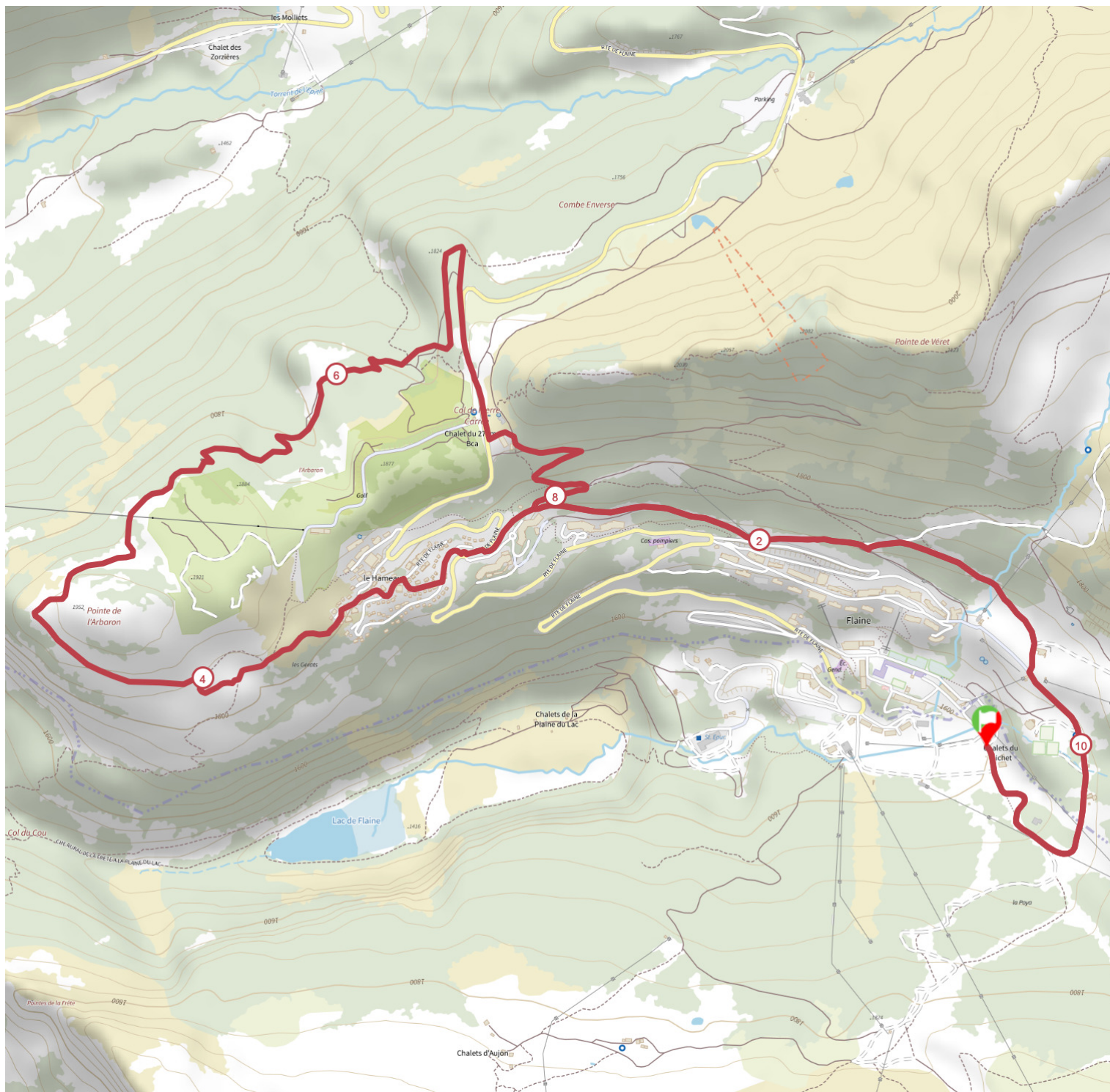
Advice:

- Respect the environment; please take your rubbish with you.
- Follow the marked routes; do not take private trails.
- **Emergency numbers: 112.**

Circuit n°10 rouge - le Tour de l'Arbaron

10.7 km  480 m  480 m

VTT



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