

The Ossau Valley

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Le col d'Aubisque from Gourette



*This aerial loop trail takes you from the ski resort of Gourette to the Col d'Aubisque on a footpath all the way !
On the program: superb panoramic views of the Gourette cirque, the Valentin valley, the Jaout massif and the Soulor road, and of course, hiking across the famous Col d'Aubisque, where you can 'recharge your batteries' while enjoying a breathtaking view.*

D Cross the main road, climb the steps and follow the GR®10 (white and red markings). At the entrance of Belambra car park, take the stairs on the left. The path winds through the chalets and leads to a wide track, which you quickly leave to take a path on your left. Climb through the undergrowth. At the end of the undergrowth, continue on the GR® until you reach a series of large rocks.

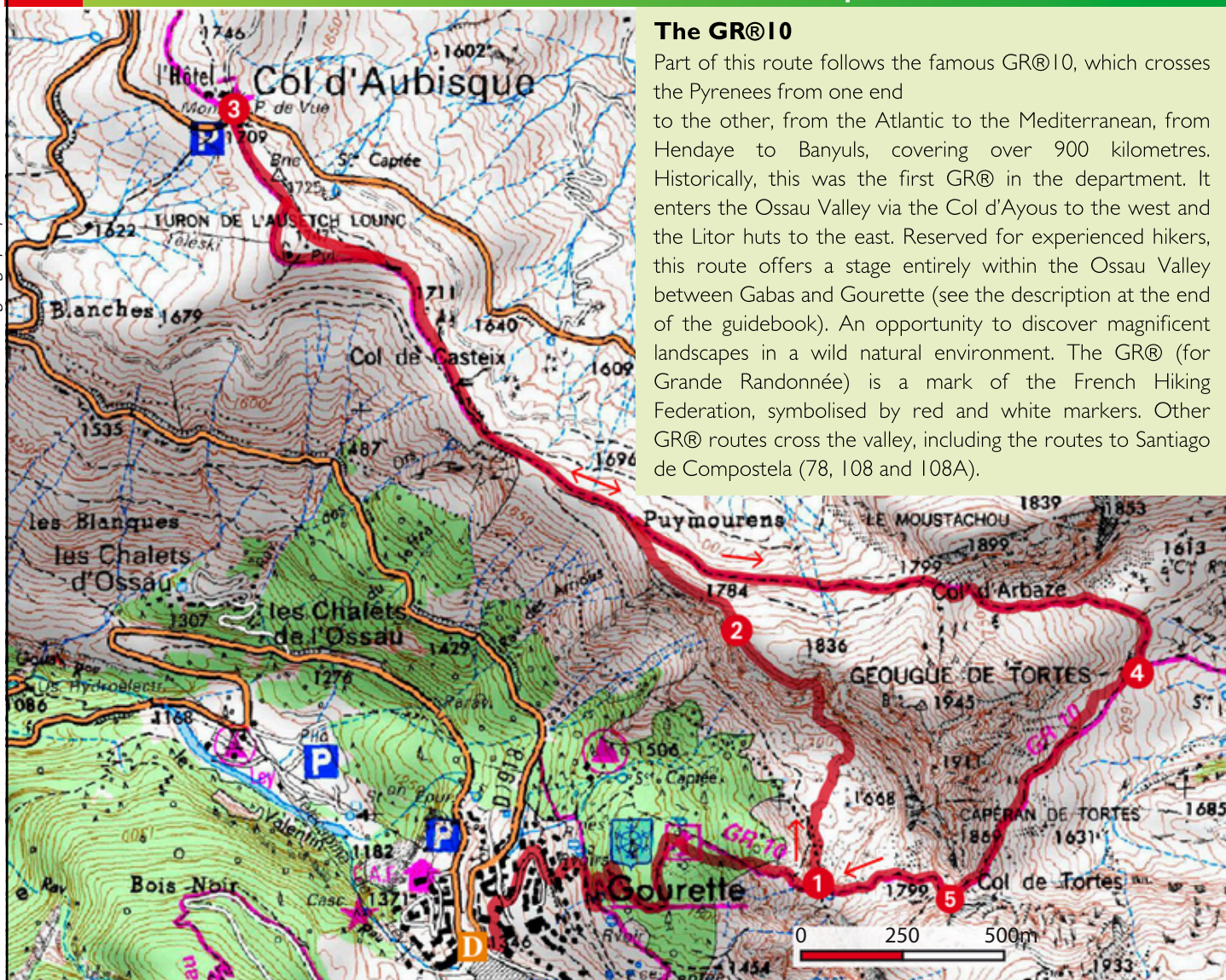
1h00 | 718415 E – 4759815 N Leave the GR10 and turn left onto a path around the rocks (yellow markings). It leads to a grassy plateau that you cross and climb up to the bottom of a scree. Follow the path to the left, heading north. After a fairly steep climb, the path forks to the west and takes us more gently to the ridge, where the panorama is breathtaking.

1h45 | 2 718195 E – 4760422 N During the summer grazing season, a removable fence (stakes/wires) can be there: cross it and walk along on the north side. In its absence, always walk several meters away from the edge of the ridge (watch out for the precipice!) while enjoying the magnificent view. 200m further on, leave the ridge and go down to catch up with the GRP®Tour de la Vallée d'Ossau. The path crosses a mountain pasture area, skirting the antennae to the south and joining the path leading to the Col d'Aubisque.

2h15 | 3 716913 E – 4761637 N Take the path in the opposite direction, this time climbing up to the antennae to discover the orientation table and a 360° viewpoint. Go down heading east to catch up with the path taken on the outward walk. Leave the GRP® at the foot of the slope leading to the ridge and follow the GRP® towards the Col d'Arbaze. Enjoy the view of the Jaout massif to the north and the Soulor road below. Once over the pass, take the slightly steep descent, sometimes unmarked, to join the GR®10 below.

3h30 | 4 719201 E – 4760348 N Head south-west up the GR®10. Before crossing the Col de Tortes, take in the view of the Capéran de Tortes and its distinctive profile.

4h00 | 5 718767 E – 4759777 N The path, steep in places, plunges down towards Gourette. Admire the panoramic view of the Gourette cirque and the Valentin Valley. After making the connection with point 1, follow the path taken on the outward hike in the opposite direction, still following the GR®10, to reach the starting point.

**The GR®10**

Part of this route follows the famous GR®10, which crosses the Pyrenees from one end to the other, from the Atlantic to the Mediterranean, from Hendaye to Banyuls, covering over 900 kilometres. Historically, this was the first GR® in the department. It enters the Ossau Valley via the Col d'Ayous to the west and the Litor huts to the east. Reserved for experienced hikers, this route offers a stage entirely within the Ossau Valley between Gabas and Gourette (see the description at the end of the guidebook). An opportunity to discover magnificent landscapes in a wild natural environment. The GR® (for Grande Randonnée) is a mark of the French Hiking Federation, symbolised by red and white markers. Other GR® routes cross the valley, including the routes to Santiago de Compostela (78, 108 and 108A).

D Gourette, Maison de Gourette square

GPS WGS 84 UTM 30T
717574 E – 4759619 N

→ 5h

11,1 km

830 m

★ Don't miss:

- Numerous panoramic views
- The Aubisque pass
- The Capéran de and its atypical profile

⚠ Note:

- Steep climb between points 1 and 2
- The 'short cut' option of descending via this same section is highly inadvisable, as it is slippery and steep.
- The ridge line and its vertiginous ravine, between points 2 and 3
- This hike should only be undertaken in clear and dry weather

Yellow markers

**Made by:**

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Information :

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www.valleedossau.com

All outdoor sports activities are available on the Vallée d'Ossau Pyrénées mobile app...
and on the website terredaventures.valleedossau.com

Choose your hike

For each route, you will find technical and practical information to help you choose your hike

Levels of difficulty

The hikes are classified by order of difficulty defined by a colour code following the recommendations of the French Hiking Federation:

- NIV 1** Very easy, less than 2 hours walking. Ideal for families, on well-marked tracks
- NIV 2** Easy, less than 3 hours walking. Suitable for families, on tracks with sometimes more difficult passages.
- NIV 3** Difficult, less than 4 hours walking. For hikers used to walking, with some quite intense sections or steep slopes.
- NIV 4** Very difficult, more than 4 hours of walking. For experienced and fit hikers. The itinerary can be long and technical (strong elevation gain, tricky passages).

GPS Coordinates

GPS 30T 710703O - 4776694N

D Start



Walking time, given in hours. This estimated time takes into account the length of the hike, the elevation gain and the possible difficulties.



Elevation gain, expressed in metres. For each circuit, the value corresponds to the cumulative elevation gain.



Distance, the value expressed in kilometres corresponds to the total length of the route.

Markers

Direction	Local routes and PR®	GRP®	GR®
Right way			
Turn left			
Turn right			
Wrong way			



GR®, GRP® and PR® are registered trademarks of the French Hiking Federation. Some routes have been selected by the French Hiking Federation according to quality criteria. They are PR® certified.

Recommendations

Before you leave

Check your equipment, the difficulty of the circuit and the weather conditions
If you are going alone, communicate your itinerary to friends and family
See the map of controlled fires

In the mountains / pastoral areas

Follow the marked paths and close gates after passing through
Respect nature and bring waste back
If accompanied by a dog, make sure that it is allowed on the chosen route and keep it on a lead
During the hunting season, avoid hunting areas or turn back
Go around herds and do not approach farm dogs (do not feed them or pet them)

National Park

The heart of the National Park is a natural territory and is open to all, but is subject to a code of conduct. Dogs are not allowed, even on a lead. No fires, no mountain bikes, no wild camping, only bivouacs are allowed - a small tent can be set up for the night from 7 pm and taken down in the morning before 9 am. It must be set up more than an hour's walk from any motorised access.

European emergency call : 112

All outdoor sports activities are available on the Vallée d'Ossau Pyrénées mobile app...
and on the website terredaventures.valleedossau.com